

## EGD PREP

Today's Date: \_\_\_\_\_ Reviewed by \_\_\_\_\_

**Procedure Description:** This procedure involves the insertion of a flexible endoscope into the mouth to visually examine the esophagus and stomach.

**Possible Complications:** Major complications such as holes in the esophagus and stomach, excessive bleeding after biopsies or removal of a polyp, or adverse reactions to medications used to induce sedation are uncommon, but do occasionally occur. Any type of dilation that is performed increases the risk of holes in the esophagus, stomach, or intestine. Notify Dr. Angles or a member of his staff if you have had heart valve or joint replacement

**Procedure Scheduling:** Your procedure is scheduled for \_\_\_\_\_  
(Day) (Date) (Time)

This will be at Heritage Medical Center. The hospital will call you with the arrival time. Generally, it is one hour prior to your procedure. The procedure time which you are scheduled for is an approximation. The actual time of your procedure will depend on the patient flow in the operating room. You should plan on being at the hospital about three hours including your recovery. Check in at the front desk of the hospital for admitting. Once they have completed your registration they will send you to the outpatient surgery department for your IV and procedure.

**Sedation Effects:** The sedation that you will be given will make you drowsy for the procedure. This effect may last up to 24 hours. Therefore, you will need the remainder of the day off work and you need to avoid all activities that require an alert mental state. This includes but is not limited to avoiding all driving, operating heavy machinery, cooking using the stove or oven, or signing of financially or legally binding documents for the remainder of the day.  
You must have someone with you to drive you home after the procedure.

**Medication Instructions:** Do not take any medications the day of your procedure except the medications that you take for heart, lungs and/or blood pressure. Take your heart, lungs, and/or blood pressure medicine as normal the morning of the procedure with a small sip of water.

If you take aspirin, iron, Plavix, Coumadin, Viagra, Cialis, or Levitra, you must stop it 5 days before the procedure. If you are a patient who is on Coumadin, the hospital staff will draw your blood the morning of your procedure to check your bleeding time levels.

**Diabetic Instructions:** If you are on insulin, take ½ the normal dose the morning of the procedure. If you are on pills for your diabetes, do not take any the morning of the procedure. The day before the procedure you should take the morning dose but do not take the evening dose.

**Prep Instructions:** Nothing to eat or drink after midnight. This includes water, gum, and/or candy. If your procedure is scheduled for 1:00 p.m. or after, you may have water until 7:00 a.m. This is very important for your safety. If not adhered to, your procedure may be canceled to prevent aspiration.